

|                                | Portion Size  | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|---------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 09/01/2017               |               |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| BREAKFAST K-12                 | Total         | 10        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Omelet, Skillet w/ Cheese      | OMELET        | 10        | 170         | 260         | 600       | *N/A*     | 1.44      | 150.0      | 750        | 0.0        | 2          | 11.0      | 4.0      | 12.0      | 5.00      | 0.00                    |
| JUICE, ASSORT (APL,O/P,GR)     | SERVING -4 OZ | 10        | 60          | 0           | 17        | 0.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | *N/A*      | 0.0       | 15.0     | 0.0       | 0.00      | 0.00                    |
| FRUIT, CHOICE                  | 1/2 CUP       | 10        | 49          | 0           | 2         | 1.54      | 0.10      | 13.1       | 120        | 16.33      | *4         | 0.5       | 12.15    | 0.13      | 0.04      | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & | HALF-PINT     | 5         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
| MILK, FF SKIM,CHOCOLATEvit A/D | HALF PINT     | 5         | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*      | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average         |               |           | 339         | 263         | 709       | *1.54     | *1.73     | *313.1     | *1120      | *16.93     | *6         | 15.50     | 41.15    | 12.13     | 5.04      | 0.00                    |
| % of Calories                  |               |           |             |             |           |           |           |            |            |            | *7.6%      | 18.3%     | 48.6%    | 32.2%     | 13.4%     | 0.0%                    |
| Nutrient Guideline             |               |           | 450         |             | 1000      | 8.67      | 2.50      | 200.00     | 625        | 11.25      |            | 6.00      |          | <=30.0    | <10.00    |                         |

|                                |               |    |     |     |      |      |        |         |        |        |       |       |       |        |        |       |
|--------------------------------|---------------|----|-----|-----|------|------|--------|---------|--------|--------|-------|-------|-------|--------|--------|-------|
| Tue - 09/05/2017               |               |    |     |     |      |      |        |         |        |        |       |       |       |        |        |       |
| BREAKFAST K-12                 | Total         | 10 |     |     |      |      |        |         |        |        |       |       |       |        |        |       |
| BREAKFAST EGG QUESADILLA       | 1 SERVING     | 10 | 431 | 469 | 758  | 0.00 | 34.52  | 896.5   | 24585  | 0.0    | *1    | 30.98 | 26.77 | 21.69  | 8.15   | *0.00 |
| JUICE, ASSORT (APL,O/P,GR)     | SERVING -4 OZ | 10 | 60  | 0   | 17   | 0.00 | *N/A*  | *N/A*   | *N/A*  | *N/A*  | *N/A* | 0.0   | 15.0  | 0.0    | 0.00   | 0.00  |
| FRUIT, CHOICE                  | 1/2 CUP       | 10 | 49  | 0   | 2    | 1.54 | 0.10   | 13.1    | 120    | 16.33  | *4    | 0.5   | 12.15 | 0.13   | 0.04   | 0.00  |
| MILK, FAT FREE SKIM, w/VIT A & | HALF-PINT     | 5  | 0   | 0   | 0    | 0.00 | 0.00   | 0.0     | 0      | 0.0    | *N/A* | 0.0   | 0.0   | 0.0    | 0.00   | 0.00  |
| MILK, FF SKIM,CHOCOLATEvit A/D | HALF PINT     | 5  | 120 | 5   | 180  | 0.00 | 0.36   | 300.0   | 500    | 1.2    | *N/A* | 8.0   | 20.0  | 0.0    | 0.00   | 0.00  |
| Weighted Daily Average         |               |    | 599 | 472 | 867  | 1.54 | *34.81 | *1059.5 | *24955 | *16.93 | *5    | 35.48 | 63.91 | 21.82  | 8.19   | *0.00 |
| % of Calories                  |               |    |     |     |      |      |        |         |        |        | *3.4% | 23.7% | 42.7% | 32.8%  | 12.3%  | *0.0% |
| Nutrient Guideline             |               |    | 450 |     | 1000 | 8.67 | 2.50   | 200.00  | 625    | 11.25  |       | 6.00  |       | <=30.0 | <10.00 |       |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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|                                | Portion Size  | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|---------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 09/06/2017               |               |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| BREAKFAST K-12                 | Total         | 10        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| EGG, SCRAMBLED-2               | EGG-2 eac     | 5         | 144         | 424         | 140       | 0.00      | 33.12     | 520.0      | 24400      | *0.0       | *N/A*      | 12.58     | 0.78     | 9.94      | 3.10      | *0.00                   |
| CREAM OF WHEAT                 | 1/2 CUP       | 5         | 60          | 0           | 169       | 0.69      | 5.52      | 121.2      | 0          | 0.0        | 0          | 1.92      | 12.1     | 0.23      | 0.04      | 0.00                    |
| BROWN SUGAR MELT-OATMEAL TOPPI | PACKET        | 5         | 50          | 0           | 5         | 0.00      | 0.36      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 12.04    | 0.0       | 0.00      | 0.00                    |
| JUICE, ASSORT (APL,O/P,GR)     | SERVING -4 OZ | 10        | 60          | 0           | 17        | 0.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | *N/A*      | 0.0       | 15.0     | 0.0       | 0.00      | 0.00                    |
| FRUIT, CHOICE                  | 1/2 CUP       | 10        | 49          | 0           | 2         | 1.54      | 0.10      | 13.1       | 120        | 16.33      | *4         | 0.5       | 12.15    | 0.13      | 0.04      | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & | HALF-PINT     | 5         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
| MILK, FF SKIM,CHOCOLATEVIT A/D | HALF PINT     | 5         | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*      | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average         |               |           | 295         | 215         | 266       | 1.89      | *19.79    | *483.7     | *12570     | *16.93     | *5         | 11.74     | 49.61    | 5.22      | 1.60      | *0.00                   |
| % of Calories                  |               |           |             |             |           |           |           |            |            |            | *6.1%      | 15.9%     | 67.2%    | 15.9%     | 4.9%      | *0.0%                   |
| Nutrient Guideline             |               |           | 450         |             | 1000      | 8.67      | 2.50      | 200.00     | 625        | 11.25      |            | 6.00      |          | <=30.0    | <10.00    |                         |

|                                |               |    |     |    |      |      |       |        |       |        |       |       |       |        |        |       |
|--------------------------------|---------------|----|-----|----|------|------|-------|--------|-------|--------|-------|-------|-------|--------|--------|-------|
| Thu - 09/07/2017               |               |    |     |    |      |      |       |        |       |        |       |       |       |        |        |       |
| BREAKFAST K-12                 | Total         | 10 |     |    |      |      |       |        |       |        |       |       |       |        |        |       |
| ENGLISH MUFFIN BREAKFAST PIZZA | SERVING       | 10 | 288 | 27 | 502  | 3.71 | 2.05  | 318.6  | 906   | 12.47  | *1    | 16.42 | 30.07 | 12.21  | 4.96   | *0.00 |
| JUICE, ASSORT (APL,O/P,GR)     | SERVING -4 OZ | 10 | 60  | 0  | 17   | 0.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | *N/A* | 0.0   | 15.0  | 0.0    | 0.00   | 0.00  |
| FRUIT, CHOICE                  | 1/2 CUP       | 10 | 49  | 0  | 2    | 1.54 | 0.10  | 13.1   | 120   | 16.33  | *4    | 0.5   | 12.15 | 0.13   | 0.04   | 0.00  |
| MILK, FAT FREE SKIM, w/VIT A & | HALF-PINT     | 5  | 0   | 0  | 0    | 0.00 | 0.00  | 0.0    | 0     | 0.0    | *N/A* | 0.0   | 0.0   | 0.0    | 0.00   | 0.00  |
| MILK, FF SKIM,CHOCOLATEVIT A/D | HALF PINT     | 5  | 120 | 5  | 180  | 0.00 | 0.36  | 300.0  | 500   | 1.2    | *N/A* | 8.0   | 20.0  | 0.0    | 0.00   | 0.00  |
| Weighted Daily Average         |               |    | 457 | 29 | 611  | 5.25 | *2.34 | *481.7 | *1276 | *29.40 | *6    | 20.91 | 67.22 | 12.34  | 4.99   | *0.00 |
| % of Calories                  |               |    |     |    |      |      |       |        |       |        | *4.8% | 18.3% | 58.8% | 24.3%  | 9.8%   | *0.0% |
| Nutrient Guideline             |               |    | 450 |    | 1000 | 8.67 | 2.50  | 200.00 | 625   | 11.25  |       | 6.00  |       | <=30.0 | <10.00 |       |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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|                                | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 09/08/2017               |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| BREAKFAST K-12                 | Total        | 10        |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| BREAKFAST BURRITO W/ SALSA     | 1 BURRIT     | 10        | 211         | 211         | 578       | 2.03      | 2.99      | 94.7      | 515        | 7.95       | *2         | 10.94     | 22.29    | 8.44      | 2.87      | *0.04                   |
| JUICE, ASSORT (APL,O/P,GR)     | SERVING      | 10        | 60          | 0           | 17        | 0.00      | *N/A*     | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 0.0       | 15.0     | 0.0       | 0.00      | 0.00                    |
|                                | -4 OZ        |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| FRUIT, CHOICE                  | 1/2 CUP      | 10        | 49          | 0           | 2         | 1.54      | 0.10      | 13.1      | 120        | 16.33      | *4         | 0.5       | 12.15    | 0.13      | 0.04      | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & | HALF-PINT    | 5         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0       | 0          | 0.0        | *N/A*      | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
| MILK, FF SKIM,CHOCOLATEVIT     | HALF PINT    | 5         | 120         | 5           | 180       | 0.00      | 0.36      | 300.0     | 500        | 1.2        | *N/A*      | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| A/D                            |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Weighted Daily Average         |              |           | 380         | 214         | 687       | 3.57      | *3.28     | *257.8    | *886       | *24.88     | *7         | 15.44     | 59.44    | 8.57      | 2.90      | *0.04                   |
| % of Calories                  |              |           |             |             |           |           |           |           |            |            | *7.2%      | 16.3%     | 62.6%    | 20.3%     | 6.9%      | *0.1%                   |
| Nutrient Guideline             |              |           | 450         |             | 1000      | 8.67      | 2.50      | 200.00    | 625        | 11.25      |            | 6.00      |          | <=30.0    | <10.00    |                         |

|                                |           |    |     |     |      |      |       |        |       |        |       |       |       |        |        |       |
|--------------------------------|-----------|----|-----|-----|------|------|-------|--------|-------|--------|-------|-------|-------|--------|--------|-------|
| Mon - 09/11/2017               |           |    |     |     |      |      |       |        |       |        |       |       |       |        |        |       |
| BREAKFAST K-12                 | Total     | 10 |     |     |      |      |       |        |       |        |       |       |       |        |        |       |
| BREAKFAST CROISSANT SANDWIC    | SANDWIC   | 10 | 698 | 282 | 1381 | 1.00 | 3.12  | 272.1  | 907   | 0.0    | *5    | 24.42 | 40.09 | 48.29  | 20.91  | *0.52 |
| D./SAUS                        |           |    |     |     |      |      |       |        |       |        |       |       |       |        |        |       |
| FRUIT, CHOICE                  | 1/2 CUP   | 10 | 49  | 0   | 2    | 1.54 | 0.10  | 13.1   | 120   | 16.33  | *4    | 0.5   | 12.15 | 0.13   | 0.04   | 0.00  |
| JUICE, ASSORT (APL,O/P,GR)     | SERVING   | 10 | 60  | 0   | 17   | 0.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | *N/A* | 0.0   | 15.0  | 0.0    | 0.00   | 0.00  |
|                                | -4 OZ     |    |     |     |      |      |       |        |       |        |       |       |       |        |        |       |
| MILK, FAT FREE SKIM, w/VIT A & | HALF-PINT | 5  | 0   | 0   | 0    | 0.00 | 0.00  | 0.0    | 0     | 0.0    | *N/A* | 0.0   | 0.0   | 0.0    | 0.00   | 0.00  |
| MILK, FF SKIM,CHOCOLATEVIT     | HALF PINT | 5  | 120 | 5   | 180  | 0.00 | 0.36  | 300.0  | 500   | 1.2    | *N/A* | 8.0   | 20.0  | 0.0    | 0.00   | 0.00  |
| A/D                            |           |    |     |     |      |      |       |        |       |        |       |       |       |        |        |       |
| Weighted Daily Average         |           |    | 866 | 284 | 1490 | 2.54 | *3.40 | *435.2 | *1277 | *16.93 | *10   | 28.92 | 77.24 | 48.42  | 20.94  | *0.52 |
| % of Calories                  |           |    |     |     |      |      |       |        |       |        | *4.5% | 13.4% | 35.7% | 50.3%  | 21.8%  | *0.5% |
| Nutrient Guideline             |           |    | 450 |     | 1000 | 8.67 | 2.50  | 200.00 | 625   | 11.25  |       | 6.00  |       | <=30.0 | <10.00 |       |

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|   | Portion Size  | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---|---------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 09/12/2017  |               |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| BREAKFAST K-12  | Total         | 10        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| PANCAKE, BLUEBERRY, BTRMLK                                      | .5 CUP BATTER | 10        | 207         | 4           | 561       | 2.06      | 1.60      | 89.6       | 5          | 0.29       | *1         | 6.15      | 40.67    | 2.69      | 0.44      | *0.00                   |
| SYRUP, PANCAKE & WAFFLE, SF, PC                                 | SERVING -2 OZ | 1         | 25          | 0           | 51        | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 5.06     | 0.0       | 0.00      | *N/A*                   |
| JUICE, ASSORT (APL, O/P, GR)                                    | SERVING -4 OZ | 10        | 60          | 0           | 17        | 0.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | *N/A*      | 0.0       | 15.0     | 0.0       | 0.00      | 0.00                    |
| FRUIT, CHOICE   | 1/2 CUP       | 10        | 49          | 0           | 2         | 1.54      | 0.10      | 13.1       | 120        | 16.33      | *4         | 0.5       | 12.15    | 0.13      | 0.04      | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D | HALF-PINT     | 5         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
|   | HALF PINT     | 5         | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*      | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average  |               |           | 378         | 7           | 675       | 3.60      | *1.88     | *252.7     | *376       | *17.23     | *5         | 10.65     | 78.32    | 2.82      | 0.48      | *0.00                   |
| % of Calories   |               |           |             |             |           |           |           |            |            |            | *5.8%      | 11.3%     | 83.0%    | 6.7%      | 1.1%      | *0.0%                   |
| Nutrient Guideline  |               |           | 450         |             | 1000      | 8.67      | 2.50      | 200.00     | 625        | 11.25      |            | 6.00      |          | <=30.0    | <10.00    |                         |

|   |               |    |     |       |      |      |       |        |       |        |        |       |       |        |        |       |
|---|---------------|----|-----|-------|------|------|-------|--------|-------|--------|--------|-------|-------|--------|--------|-------|
| Wed - 09/13/2017  |               |    |     |       |      |      |       |        |       |        |        |       |       |        |        |       |
| BREAKFAST K-12  | Total         | 10 |     |       |      |      |       |        |       |        |        |       |       |        |        |       |
| Cereal, Malt-O-Meal   | .5 Cup        | 1  | 65  | *0    | *3   | 0.50 | 5.41  | 51.9   | *0    | *0.0   | *N/A*  | 2.5   | 13.5  | 0.25   | *0.00  | *N/A* |
| BROWN SUGAR MELT-OATMEAL TOPPI                                  | PACKET        | 1  | 50  | 0     | 5    | 0.00 | 0.36  | 0.0    | 0     | 0.0    | *N/A*  | 0.0   | 12.04 | 0.0    | 0.00   | 0.00  |
| PB&J GRAHAM BAR   | BAR           | 10 | 270 | *N/A* | 180  | 3.00 | *N/A* | 20.0   | *N/A* | *N/A*  | 15     | 7.0   | 34.0  | 13.0   | 2.50   | *N/A* |
| JUICE, ASSORT (APL, O/P, GR)                                    | SERVING -4 OZ | 10 | 60  | 0     | 17   | 0.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | *N/A*  | 0.0   | 15.0  | 0.0    | 0.00   | 0.00  |
| FRUIT, CHOICE   | 1/2 CUP       | 10 | 49  | 0     | 2    | 1.54 | 0.10  | 13.1   | 120   | 16.33  | *4     | 0.5   | 12.15 | 0.13   | 0.04   | 0.00  |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D | HALF-PINT     | 5  | 0   | 0     | 0    | 0.00 | 0.00  | 0.0    | 0     | 0.0    | *N/A*  | 0.0   | 0.0   | 0.0    | 0.00   | 0.00  |
|   | HALF PINT     | 5  | 120 | 5     | 180  | 0.00 | 0.36  | 300.0  | 500   | 1.2    | *N/A*  | 8.0   | 20.0  | 0.0    | 0.00   | 0.00  |
| Weighted Daily Average  |               |    | 450 | *3    | *290 | 4.59 | *0.86 | *188.3 | *370  | *16.93 | *19    | 11.75 | 73.70 | 13.16  | *2.54  | *0.00 |
| % of Calories   |               |    |     |       |      |      |       |        |       |        | *17.3% | 10.4% | 65.5% | 26.3%  | *5.1%  | *0.0% |
| Nutrient Guideline  |               |    | 450 |       | 1000 | 8.67 | 2.50  | 200.00 | 625   | 11.25  |        | 6.00  |       | <=30.0 | <10.00 |       |

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|   | Portion Size  | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---|---------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 09/14/2017  |               |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| BREAKFAST K-12  | Total         | 10        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| EGG, SCRAMBLED-2  | EGG-2 eac     | 10        | 144         | 424         | 140       | 0.00      | 33.12     | 520.0      | 24400      | *0.0       | *N/A*      | 12.58     | 0.78     | 9.94      | 3.10      | *0.00                   |
| SAUSAGE PATTY, PORK   | 1 each        | 10        | 250         | 50          | 610       | 0.00      | 0.36      | 20.0       | 0          | 0.0        | *N/A*      | 7.0       | 1.0      | 24.0      | 8.00      | 0.00                    |
| HASH BROWN POTATOES, 1/4 CUP                                  | 1/4 CUP       | 1         | 85          | 0           | 6         | 1.25      | 0.21      | 6.6        | 0          | 2.61       | 0          | 1.03      | 11.12    | 4.52      | 0.36      | 0.01                    |
| JUICE, ASSORT (APL,O/P,GR)                                    | SERVING -4 OZ | 10        | 60          | 0           | 17        | 0.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | *N/A*      | 0.0       | 15.0     | 0.0       | 0.00      | 0.00                    |
| FRUIT, CHOICE   | 1/2 CUP       | 10        | 49          | 0           | 2         | 1.54      | 0.10      | 13.1       | 120        | 16.33      | *4         | 0.5       | 12.15    | 0.13      | 0.04      | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D | HALF-PINT     | 5         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
|   | HALF PINT     | 5         | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*      | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average  |               |           | 571         | 477         | 860       | 1.66      | *33.79    | *703.8     | *24770     | *17.20     | *4         | 24.18     | 40.04    | 34.52     | 11.17     | *0.00                   |
| % of Calories   |               |           |             |             |           |           |           |            |            |            | *3.1%      | 16.9%     | 28.0%    | 54.4%     | 17.6%     | *0.0%                   |
| Nutrient Guideline  |               |           | 450         |             | 1000      | 8.67      | 2.50      | 200.00     | 625        | 11.25      |            | 6.00      |          | <=30.0    | <10.00    |                         |

|   |               |    |     |   |      |      |       |        |       |        |        |       |       |        |        |      |
|---|---------------|----|-----|---|------|------|-------|--------|-------|--------|--------|-------|-------|--------|--------|------|
| Fri - 09/15/2017  |               |    |     |   |      |      |       |        |       |        |        |       |       |        |        |      |
| BREAKFAST K-12  | Total         | 10 |     |   |      |      |       |        |       |        |        |       |       |        |        |      |
| CINNAMON ROLL   | 1 EACH        | 10 | 170 | 2 | 190  | 1.00 | 8.10  | *N/A*  | *N/A* | *N/A*  | 7      | 5.0   | 31.0  | 2.5    | 0.50   | 0.00 |
| JUICE, ASSORT (APL,O/P,GR)                                    | SERVING -4 OZ | 10 | 60  | 0 | 17   | 0.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | *N/A*  | 0.0   | 15.0  | 0.0    | 0.00   | 0.00 |
| FRUIT, CHOICE   | 1/2 CUP       | 10 | 49  | 0 | 2    | 1.54 | 0.10  | 13.1   | 120   | 16.33  | *4     | 0.5   | 12.15 | 0.13   | 0.04   | 0.00 |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D | HALF-PINT     | 5  | 0   | 0 | 0    | 0.00 | 0.00  | 0.0    | 0     | 0.0    | *N/A*  | 0.0   | 0.0   | 0.0    | 0.00   | 0.00 |
|   | HALF PINT     | 5  | 120 | 5 | 180  | 0.00 | 0.36  | 300.0  | 500   | 1.2    | *N/A*  | 8.0   | 20.0  | 0.0    | 0.00   | 0.00 |
| Weighted Daily Average  |               |    | 339 | 5 | 299  | 2.54 | *8.39 | *163.1 | *370  | *16.93 | *11    | 9.50  | 68.15 | 2.63   | 0.54   | 0.00 |
| % of Calories   |               |    |     |   |      |      |       |        |       |        | *13.5% | 11.2% | 80.5% | 7.0%   | 1.4%   | 0.0% |
| Nutrient Guideline  |               |    | 450 |   | 1000 | 8.67 | 2.50  | 200.00 | 625   | 11.25  |        | 6.00  |       | <=30.0 | <10.00 |      |

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|   | Portion Size  | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---|---------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 09/18/2017  |               |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| BREAKFAST K-12  | Total         | 10        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| SAUSAGE AND PANCAKE ON A STICK                                  | 1 EA.         | 10        | 230         | 15          | 430       | 1.00      | 8.00      | *N/A*      | *N/A*      | *N/A*      | *N/A*      | 9.0       | 23.0     | 12.0      | 3.00      | *N/A*                   |
| SYRUP, PANCAKE & WAFFLE, SF, PC                                 | SERVING -2 OZ | 10        | 25          | 0           | 51        | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 5.06     | 0.0       | 0.00      | *N/A*                   |
| JUICE, ASSORT (APL, O/P, GR)                                    | SERVING -4 OZ | 10        | 60          | 0           | 17        | 0.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | *N/A*      | 0.0       | 15.0     | 0.0       | 0.00      | 0.00                    |
| FRUIT, CHOICE   | 1/2 CUP       | 10        | 49          | 0           | 2         | 1.54      | 0.10      | 13.1       | 120        | 16.33      | *4         | 0.5       | 12.15    | 0.13      | 0.04      | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D | HALF-PINT     | 5         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
|   | HALF PINT     | 5         | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*      | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average  |               |           | 424         | 18          | 590       | 2.54      | *8.29     | *163.1     | *370       | *16.93     | *4         | 13.49     | 65.21    | 12.13     | 3.04      | *0.00                   |
| % of Calories   |               |           |             |             |           |           |           |            |            |            | *4.2%      | 12.7%     | 61.5%    | 25.8%     | 6.4%      | *0.0%                   |
| Nutrient Guideline  |               |           | 450         |             | 1000      | 8.67      | 2.50      | 200.00     | 625        | 11.25      |            | 6.00      |          | <=30.0    | <10.00    |                         |

|   |               |    |     |    |      |      |       |        |       |        |        |      |       |        |        |       |
|---|---------------|----|-----|----|------|------|-------|--------|-------|--------|--------|------|-------|--------|--------|-------|
| Tue - 09/19/2017  |               |    |     |    |      |      |       |        |       |        |        |      |       |        |        |       |
| BREAKFAST K-12  | Total         | 10 |     |    |      |      |       |        |       |        |        |      |       |        |        |       |
| MUFFIN BLUEBERRY II   | muffin        | 10 | 164 | 24 | 363  | 1.47 | 2.60  | 72.9   | 1640  | 0.63   | *12    | 2.37 | 22.72 | 7.14   | 1.40   | *0.00 |
| JUICE, ASSORT (APL, O/P, GR)                                    | SERVING -4 OZ | 10 | 60  | 0  | 17   | 0.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | *N/A*  | 0.0  | 15.0  | 0.0    | 0.00   | 0.00  |
| FRUIT, CHOICE   | 1/2 CUP       | 10 | 49  | 0  | 2    | 1.54 | 0.10  | 13.1   | 120   | 16.33  | *4     | 0.5  | 12.15 | 0.13   | 0.04   | 0.00  |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D | HALF-PINT     | 5  | 0   | 0  | 0    | 0.00 | 0.00  | 0.0    | 0     | 0.0    | *N/A*  | 0.0  | 0.0   | 0.0    | 0.00   | 0.00  |
|   | HALF PINT     | 5  | 120 | 5  | 180  | 0.00 | 0.36  | 300.0  | 500   | 1.2    | *N/A*  | 8.0  | 20.0  | 0.0    | 0.00   | 0.00  |
| Weighted Daily Average  |               |    | 332 | 26 | 472  | 3.01 | *2.88 | *236.0 | *2010 | *17.57 | *16    | 6.87 | 59.87 | 7.28   | 1.44   | *0.00 |
| % of Calories   |               |    |     |    |      |      |       |        |       |        | *19.7% | 8.3% | 72.1% | 19.7%  | 3.9%   | *0.0% |
| Nutrient Guideline  |               |    | 450 |    | 1000 | 8.67 | 2.50  | 200.00 | 625   | 11.25  |        | 6.00 |       | <=30.0 | <10.00 |       |

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|   | Portion Size     | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)  | Protn (g)      | Carb (g)       | T-Fat (g)     | S-Fat (g)    | Tr-Fat <sup>1</sup> (g) |
|---|------------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|-------------|----------------|----------------|---------------|--------------|-------------------------|
| Wed - 09/20/2017  |                  |           |             |             |           |           |           |            |            |            |             |                |                |               |              |                         |
| BREAKFAST K-12  | Total            | 10        |             |             |           |           |           |            |            |            |             |                |                |               |              |                         |
| BREAKFAST PIZZA   | PIECE            | 5         | 210         | 15          | 480       | 3.00      | 1.80      | 150.0      | 300        | 0.0        | *N/A*       | 10.0           | 27.0           | 8.0           | 2.00         | 0.00                    |
| OATS, QUICK, QUAKER-1/2 CUP                                   | SERVING -1/2 CUP | 5         | 121         | 0           | 6         | 3.22      | 1.47      | 3.8        | 0          | 0.0        | *N/A*       | 4.02           | 21.72          | 2.41          | 0.40         | *0.00                   |
| BROWN SUGAR MELT-OATMEAL TOPPI                                | PACKET           | 5         | 50          | 0           | 5         | 0.00      | 0.36      | 0.0        | 0          | 0.0        | *N/A*       | 0.0            | 12.04          | 0.0           | 0.00         | 0.00                    |
| JUICE, ASSORT (APL,O/P,GR)                                    | SERVING -4 OZ    | 10        | 60          | 0           | 17        | 0.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | *N/A*       | 0.0            | 15.0           | 0.0           | 0.00         | 0.00                    |
| FRUIT, CHOICE   | 1/2 CUP          | 10        | 49          | 0           | 2         | 1.54      | 0.10      | 13.1       | 120        | 16.33      | *4          | 0.5            | 12.15          | 0.13          | 0.04         | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D | HALF-PINT        | 5         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*       | 0.0            | 0.0            | 0.0           | 0.00         | 0.00                    |
|   | HALF PINT        | 5         | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*       | 8.0            | 20.0           | 0.0           | 0.00         | 0.00                    |
| Weighted Daily Average % of Calories                          |                  |           | 359         | 10          | 354       | 4.65      | *2.10     | *240.0     | *520       | *16.93     | *4<br>*5.0% | 11.51<br>12.8% | 67.53<br>75.2% | 5.34<br>13.4% | 1.24<br>3.1% | *0.00<br>*0.0%          |
| Nutrient Guideline  |                  |           | 450         |             | 1000      | 8.67      | 2.50      | 200.00     | 625        | 11.25      |             | 6.00           |                | <=30.0        | <10.00       |                         |

|   |               |    |     |    |      |      |       |        |       |        |             |               |                |               |              |                |
|---|---------------|----|-----|----|------|------|-------|--------|-------|--------|-------------|---------------|----------------|---------------|--------------|----------------|
| Thu - 09/21/2017  |               |    |     |    |      |      |       |        |       |        |             |               |                |               |              |                |
| BREAKFAST K-12  | Total         | 10 |     |    |      |      |       |        |       |        |             |               |                |               |              |                |
| WAFFLES, HOMEMADE   | 1/2 Each      | 10 | 107 | 25 | 339  | 1.25 | 0.74  | 50.3   | 230   | 0.33   | *2          | 3.76          | 14.58          | 3.91          | 0.89         | *0.00          |
| SYRUP,PANCAKE & WAFFLE, SF,PC                                 | SERVING -2 OZ | 1  | 25  | 0  | 51   | 0.00 | 0.00  | 0.0    | 0     | 0.0    | *N/A*       | 0.0           | 5.06           | 0.0           | 0.00         | *N/A*          |
| JUICE, ASSORT (APL,O/P,GR)                                    | SERVING -4 OZ | 10 | 60  | 0  | 17   | 0.00 | *N/A* | *N/A*  | *N/A* | *N/A*  | *N/A*       | 0.0           | 15.0           | 0.0           | 0.00         | 0.00           |
| FRUIT, CHOICE   | 1/2 CUP       | 10 | 49  | 0  | 2    | 1.54 | 0.10  | 13.1   | 120   | 16.33  | *4          | 0.5           | 12.15          | 0.13          | 0.04         | 0.00           |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D | HALF-PINT     | 5  | 0   | 0  | 0    | 0.00 | 0.00  | 0.0    | 0     | 0.0    | *N/A*       | 0.0           | 0.0            | 0.0           | 0.00         | 0.00           |
|   | HALF PINT     | 5  | 120 | 5  | 180  | 0.00 | 0.36  | 300.0  | 500   | 1.2    | *N/A*       | 8.0           | 20.0           | 0.0           | 0.00         | 0.00           |
| Weighted Daily Average % of Calories                          |               |    | 278 | 27 | 453  | 2.79 | *1.03 | *213.4 | *601  | *17.26 | *6<br>*8.7% | 8.26<br>11.9% | 52.24<br>75.0% | 4.04<br>13.1% | 0.93<br>3.0% | *0.00<br>*0.0% |
| Nutrient Guideline  |               |    | 450 |    | 1000 | 8.67 | 2.50  | 200.00 | 625   | 11.25  |             | 6.00          |                | <=30.0        | <10.00       |                |

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|                                | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 09/22/2017               |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| BREAKFAST K-12                 | Total        | 10        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| EGG, SCRAMBLED-2               | EGG-2 eac    | 10        | 144         | 424         | 140       | 0.00      | 33.12     | 520.0      | 24400      | *0.0       | *N/A*      | 12.58     | 0.78     | 9.94      | 3.10      | *0.00                   |
| HAM, BREAKFAST 2oz.            | 2 OZ         | 1         | 60          | 20          | 630       | 0.00      | 0.36      | 0.1        | 0          | 0.0        | *0         | 7.0       | 1.0      | 2.0       | 1.00      | 0.00                    |
| BISCUITS: PLAIN,               | 2 OZ         | 1         | 170         | 0           | 280       | 2.00      | *N/A*     | *N/A*      | 0          | 0.0        | *N/A*      | 4.0       | 27.0     | 5.0       | 5.00      | 0.00                    |
| JUICE, ASSORT (APL,O/P,GR)     | SERVING      | 10        | 60          | 0           | 17        | 0.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | *N/A*      | 0.0       | 15.0     | 0.0       | 0.00      | 0.00                    |
|                                | -4 OZ        |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| FRUIT, CHOICE                  | 1/2 CUP      | 10        | 49          | 0           | 2         | 1.54      | 0.10      | 13.1       | 120        | 16.33      | *4         | 0.5       | 12.15    | 0.13      | 0.04      | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & | HALF-PINT    | 5         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
| MILK, FF SKIM,CHOCOLATEVIT     | HALF PINT    | 5         | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*      | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| A/D                            |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Weighted Daily Average         |              |           | 336         | 429         | 340       | 1.74      | *33.44    | *683.1     | *24770     | *16.93     | *4         | 18.18     | 40.73    | 10.77     | 3.74      | *0.00                   |
| % of Calories                  |              |           |             |             |           |           |           |            |            |            | *5.3%      | 21.7%     | 48.5%    | 28.9%     | 10.0%     | *0.0%                   |
| Nutrient Guideline             |              |           | 450         |             | 1000      | 8.67      | 2.50      | 200.00     | 625        | 11.25      |            | 6.00      |          | <=30.0    | <10.00    |                         |

|                                |           |    |     |     |      |       |       |        |       |        |       |       |       |        |        |      |
|--------------------------------|-----------|----|-----|-----|------|-------|-------|--------|-------|--------|-------|-------|-------|--------|--------|------|
| Mon - 09/25/2017               |           |    |     |     |      |       |       |        |       |        |       |       |       |        |        |      |
| BREAKFAST K-12                 | Total     | 10 |     |     |      |       |       |        |       |        |       |       |       |        |        |      |
| Omelet, Skillet w/ Cheese      | OMELET    | 10 | 170 | 260 | 600  | *N/A* | 1.44  | 150.0  | 750   | 0.0    | 2     | 11.0  | 4.0   | 12.0   | 5.00   | 0.00 |
| JUICE, ASSORT (APL,O/P,GR)     | SERVING   | 10 | 60  | 0   | 17   | 0.00  | *N/A* | *N/A*  | *N/A* | *N/A*  | *N/A* | 0.0   | 15.0  | 0.0    | 0.00   | 0.00 |
|                                | -4 OZ     |    |     |     |      |       |       |        |       |        |       |       |       |        |        |      |
| FRUIT, CHOICE                  | 1/2 CUP   | 10 | 49  | 0   | 2    | 1.54  | 0.10  | 13.1   | 120   | 16.33  | *4    | 0.5   | 12.15 | 0.13   | 0.04   | 0.00 |
| MILK, FAT FREE SKIM, w/VIT A & | HALF-PINT | 5  | 0   | 0   | 0    | 0.00  | 0.00  | 0.0    | 0     | 0.0    | *N/A* | 0.0   | 0.0   | 0.0    | 0.00   | 0.00 |
| MILK, FF SKIM,CHOCOLATEVIT     | HALF PINT | 5  | 120 | 5   | 180  | 0.00  | 0.36  | 300.0  | 500   | 1.2    | *N/A* | 8.0   | 20.0  | 0.0    | 0.00   | 0.00 |
| A/D                            |           |    |     |     |      |       |       |        |       |        |       |       |       |        |        |      |
| Weighted Daily Average         |           |    | 339 | 263 | 709  | *1.54 | *1.73 | *313.1 | *1120 | *16.93 | *6    | 15.50 | 41.15 | 12.13  | 5.04   | 0.00 |
| % of Calories                  |           |    |     |     |      |       |       |        |       |        | *7.6% | 18.3% | 48.6% | 32.2%  | 13.4%  | 0.0% |
| Nutrient Guideline             |           |    | 450 |     | 1000 | 8.67  | 2.50  | 200.00 | 625   | 11.25  |       | 6.00  |       | <=30.0 | <10.00 |      |

|                                |           |    |     |     |     |       |       |        |       |       |       |       |       |       |       |       |
|--------------------------------|-----------|----|-----|-----|-----|-------|-------|--------|-------|-------|-------|-------|-------|-------|-------|-------|
| Tue - 09/26/2017               |           |    |     |     |     |       |       |        |       |       |       |       |       |       |       |       |
| BREAKFAST K-12                 | Total     | 10 |     |     |     |       |       |        |       |       |       |       |       |       |       |       |
| BREAKFAST ENCHILADAS           | SERVINGS  | 10 | 599 | 402 | 918 | *5.25 | 2.66  | *637.5 | 1576  | *9.68 | *1    | 44.65 | 31.64 | 32.97 | 15.68 | *0.03 |
| JUICE, ASSORT (APL,O/P,GR)     | SERVING   | 10 | 60  | 0   | 17  | 0.00  | *N/A* | *N/A*  | *N/A* | *N/A* | *N/A* | 0.0   | 15.0  | 0.0   | 0.00  | 0.00  |
|                                | -4 OZ     |    |     |     |     |       |       |        |       |       |       |       |       |       |       |       |
| FRUIT, CHOICE                  | 1/2 CUP   | 10 | 49  | 0   | 2   | 1.54  | 0.10  | 13.1   | 120   | 16.33 | *4    | 0.5   | 12.15 | 0.13  | 0.04  | 0.00  |
| MILK, FAT FREE SKIM, w/VIT A & | HALF-PINT | 5  | 0   | 0   | 0   | 0.00  | 0.00  | 0.0    | 0     | 0.0   | *N/A* | 0.0   | 0.0   | 0.0   | 0.00  | 0.00  |
| MILK, FF SKIM,CHOCOLATEVIT     | HALF PINT | 5  | 120 | 5   | 180 | 0.00  | 0.36  | 300.0  | 500   | 1.2   | *N/A* | 8.0   | 20.0  | 0.0   | 0.00  | 0.00  |
| A/D                            |           |    |     |     |     |       |       |        |       |       |       |       |       |       |       |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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|   | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)  | Protn (g)      | Carb (g)       | T-Fat (g)      | S-Fat (g)      | Tr-Fat <sup>1</sup> (g) |
|---|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|-------------|----------------|----------------|----------------|----------------|-------------------------|
| Weighted Daily Average<br>% of Calories |              |           | 768         | 405         | 1027      | *6.79     | *2.95     | *800.6     | *1946      | *26.61     | *5<br>*2.7% | 49.15<br>25.6% | 68.79<br>35.8% | 33.10<br>38.8% | 15.72<br>18.4% | *0.03<br>*0.0%          |
| Nutrient Guideline                      |              |           | 450         |             | 1000      | 8.67      | 2.50      | 200.00     | 625        | 11.25      |             | 6.00           |                | <=30.0         | <10.00         |                         |

| Wed - 09/27/2017  |                        |        |          |        |          |              |              |              |          |            |                |                |                |                |               |                |
|---|------------------------|--------|----------|--------|----------|--------------|--------------|--------------|----------|------------|----------------|----------------|----------------|----------------|---------------|----------------|
| BREAKFAST K-12  | Total                  | 10     |          |        |          |              |              |              |          |            |                |                |                |                |               |                |
| QUICHE, BACON AND CHEESE                                      | SERVING                | 10     | 415      | *104   | 580      | 2.04         | 1.83         | 204.5        | *247     | *0.74      | *0             | 12.48          | 21.8           | 15.45          | 7.00          | *0.00          |
| CREAM OF WHEAT  | 1/2 CUP                | 1      | 60       | 0      | 169      | 0.69         | 5.52         | 121.2        | 0        | 0.0        | 0              | 1.92           | 12.1           | 0.23           | 0.04          | 0.00           |
| BROWN SUGAR MELT-OATMEAL TOPPI                                | PACKET                 | 1      | 50       | 0      | 5        | 0.00         | 0.36         | 0.0          | 0        | 0.0        | *N/A*          | 0.0            | 12.04          | 0.0            | 0.00          | 0.00           |
| JUICE, ASSORT (APL,O/P,GR)                                    | SERVING<br>-4 OZ       | 10     | 60       | 0      | 17       | 0.00         | *N/A*        | *N/A*        | *N/A*    | *N/A*      | *N/A*          | 0.0            | 15.0           | 0.0            | 0.00          | 0.00           |
| FRUIT, CHOICE   | 1/2 CUP                | 10     | 49       | 0      | 2        | 1.54         | 0.10         | 13.1         | 120      | 16.33      | *4             | 0.5            | 12.15          | 0.13           | 0.04          | 0.00           |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D | HALF-PINT<br>HALF PINT | 5<br>5 | 0<br>120 | 0<br>5 | 0<br>180 | 0.00<br>0.00 | 0.00<br>0.36 | 0.0<br>300.0 | 0<br>500 | 0.0<br>1.2 | *N/A*<br>*N/A* | 0.0<br>8.0     | 0.0<br>20.0    | 0.0<br>0.0     | 0.00<br>0.00  | 0.00<br>0.00   |
| Weighted Daily Average<br>% of Calories                       |                        |        | 595      | *107   | 707      | 3.64         | *2.71        | *379.7       | *617     | *17.67     | *5<br>*3.3%    | 17.16<br>11.5% | 61.36<br>41.3% | 15.60<br>23.6% | 7.04<br>10.6% | *0.00<br>*0.0% |
| Nutrient Guideline  |                        |        | 450      |        | 1000     | 8.67         | 2.50         | 200.00       | 625      | 11.25      |                | 6.00           |                | <=30.0         | <10.00        |                |

| Thu - 09/28/2017  |                        |        |          |        |          |              |              |              |          |            |                |                |                 |                |              |                |
|---|------------------------|--------|----------|--------|----------|--------------|--------------|--------------|----------|------------|----------------|----------------|-----------------|----------------|--------------|----------------|
| BREAKFAST K-12  | Total                  | 10     |          |        |          |              |              |              |          |            |                |                |                 |                |              |                |
| BREAKFAST BAGEL SANDWICH                                      | SERVING                | 10     | 455      | 233    | 1085     | 4.00         | 20.35        | 452.4        | 12398    | 0.0        | *2             | 23.94          | 70.77           | 9.98           | 3.55         | *0.00          |
| JUICE, ASSORT (APL,O/P,GR)                                    | SERVING<br>-4 OZ       | 10     | 60       | 0      | 17       | 0.00         | *N/A*        | *N/A*        | *N/A*    | *N/A*      | *N/A*          | 0.0            | 15.0            | 0.0            | 0.00         | 0.00           |
| FRUIT, CHOICE   | 1/2 CUP                | 10     | 49       | 0      | 2        | 1.54         | 0.10         | 13.1         | 120      | 16.33      | *4             | 0.5            | 12.15           | 0.13           | 0.04         | 0.00           |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D | HALF-PINT<br>HALF PINT | 5<br>5 | 0<br>120 | 0<br>5 | 0<br>180 | 0.00<br>0.00 | 0.00<br>0.36 | 0.0<br>300.0 | 0<br>500 | 0.0<br>1.2 | *N/A*<br>*N/A* | 0.0<br>8.0     | 0.0<br>20.0     | 0.0<br>0.0     | 0.00<br>0.00 | 0.00<br>0.00   |
| Weighted Daily Average<br>% of Calories                       |                        |        | 623      | 235    | 1194     | 5.54         | *20.64       | *615.4       | *12769   | *16.93     | *6<br>*3.9%    | 28.44<br>18.2% | 107.92<br>69.2% | 10.11<br>14.6% | 3.58<br>5.2% | *0.00<br>*0.0% |
| Nutrient Guideline  |                        |        | 450      |        | 1000     | 8.67         | 2.50         | 200.00       | 625      | 11.25      |                | 6.00           |                 | <=30.0         | <10.00       |                |

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|   | Portion Size  | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---|---------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 09/29/2017  |               |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| BREAKFAST K-12  | Total         | 10        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| FRENCH TOAST  | 1 EACH        | 10        | 158         | 78          | 251       | 1.21      | 1.91      | 109.9      | 167        | 0.06       | 4          | 7.31      | 22.72    | 3.94      | 1.31      | 0.04                    |
| SYRUP,PANCAKE & WAFFLE, SF,PC                                 | SERVING -2 OZ | 10        | 25          | 0           | 51        | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 5.06     | 0.0       | 0.00      | *N/A*                   |
| SAUSAGE PATTIES   | 2 ea.         | 1         | 196         | 62          | 431       | 0.00      | 0.84      | 7.7        | 34         | 0.0        | *N/A*      | 12.71     | 0.0      | 15.78     | 4.23      | *N/A*                   |
| FRUIT, CHOICE   | 1/2 CUP       | 10        | 49          | 0           | 2         | 1.54      | 0.10      | 13.1       | 120        | 16.33      | *4         | 0.5       | 12.15    | 0.13      | 0.04      | 0.00                    |
| JUICE, ASSORT (APL,O/P,GR)                                    | SERVING -4 OZ | 10        | 60          | 0           | 17        | 0.00      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | *N/A*      | 0.0       | 15.0     | 0.0       | 0.00      | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D | HALF-PINT     | 5         | 0           | 0           | 0         | 0.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 0.0      | 0.0       | 0.00      | 0.00                    |
|   | HALF PINT     | 5         | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*      | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average  |               |           | 372         | 87          | 454       | 2.75      | *2.28     | *273.7     | *541       | *17.00     | *8         | 13.08     | 64.93    | 5.65      | 1.77      | *0.04                   |
| % of Calories   |               |           |             |             |           |           |           |            |            |            | *9.1%      | 14.1%     | 69.9%    | 13.7%     | 4.3%      | *0.1%                   |
| Nutrient Guideline  |               |           | 450         |             | 1000      | 8.67      | 2.50      | 200.00     | 625        | 11.25      |            | 6.00      |          | <=30.0    | <10.00    |                         |

|                  |  |  |     |      |      |       |       |        |       |        |        |       |       |       |        |       |
|------------------|--|--|-----|------|------|-------|-------|--------|-------|--------|--------|-------|-------|-------|--------|-------|
| Weighted Average |  |  | 455 | *179 | *653 | *3.18 | *9.41 | *412.8 | *5662 | *18.56 | *7     | 18.28 | 62.43 | 13.89 | *5.10  | *0.03 |
|                  |  |  |     |      |      |       |       |        |       |        | *14.4% | 16.1% | 54.9% | 27.5% | *10.1% | *0.1% |

| Nutrient                   | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any)                 |
|----------------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|---|
| Calories                   | 455      |           | 450           | 101%        |           |           |         |   |
| Cholesterol (mg)           | 179      |           |               |             | Missing   |           |         |   |
| Sodium (mg)                | 653      |           | 1000          |             | Missing   |           |         |   |
| Fiber (g)                  | 3.18     |           | 8.67          | 37%         | Missing   | 5.48      |         | Correction Required - Fiber is Low      |
| Iron (mg)                  | 9.41     |           | 2.50          | 377%        | Missing   |           |         |   |
| Calcium (mg)               | 412.8    |           | 200.00        | 206%        | Missing   |           |         |   |
| Vitamin A (IU)             | 5662     |           | 625           | 906%        | Missing   |           |         |   |
| Sugars (g)                 | 7        | 6.42%     |               |             | Missing   |           |         |   |
| Vitamin C (mg)             | 18.56    |           | 11.25         | 165%        | Missing   |           |         |   |
| Protein (g)                | 18.28    | 16.08%    | 6.00          | 305%        |           |           |         |   |
| Carbohydrate (g)           | 62.43    | 54.89%    |               |             |           |           |         |   |
| Total Fat (g)              | 13.89    | 27.48%    | <=30.00%      |             |           |           |         |   |
| Saturated Fat (g)          | 5.10     | 10.08%    | <10.00%       |             | Missing   |           |         | Correction Required - Sat. Fat too High |
| Trans Fat <sup>1</sup> (g) | 0.03     | 0.06%     |               |             | Missing   |           |         |   |

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